

## Forms of Energy Performance Assessment

Name: \_\_\_\_\_ Date: \_\_\_\_\_

For this performance assessment on Forms of Energy, you will have to choose three of the examples offered and describe, in terms of particles and in terms of kinetic and potential energy, how that energy works. Please include a diagram or sketch of the example with its form of energy in action.

Choices are:

- Light Bulb
- Nuclear Power Plant
- Camp Fire
- Hammer
- Match Stick
- Toaster

Rubric:

- Three choices clearly described with their form of energy (20 points)
- Description includes particles as well as kinetic and potential energy (10 points)
- Diagram or sketch included that is clearly labeled (20 points)

